

## Other Initiatives

OSA collaborates on initiatives to develop and enhance services for Michigan seniors including housing, guardianship/alternatives, long-term care quality improvement, and cultural diversity training. Efforts to promote successful aging are achieved through innovative programs in health promotion, nutrition and exercise, disease prevention, and community involvement. The Office is an active participant in special task forces related to issues of critical concern for elders.

The **Long-Term Care Ombudsman** (housed within OSA) provides services for nursing home residents and their families. The program provides information and assistance on how to resolve problems or begin the complaint process for concerns in licensed nursing homes, homes for the aged, and adult and foster care homes.

The Michigan aging network is composed of 16 **area agencies on aging (AAAs)** and over 1,000 **service providers**. OSA contracts with AAAs to plan and provide needed services to seniors in specified geographic regions of the state.

## To Locate an Area Agency on Aging:

Call OSA at  
1-517-373-8230

Call the Eldercare Locator toll-free at  
1-800-677-1116

Log on to OSA's website at  
[www.michigan.gov/MiSeniors](http://www.michigan.gov/MiSeniors)

## Useful Toll-Free Numbers

Adult Protective Services  
Vulnerable Adult Helpline  
1-800-996-6228

Kinship Care Resource Center  
1-800-535-1218

Legal Hotline for Michigan Seniors  
1-800-347-5297

Medicare/Medicaid Assistance Program  
1-800-803-7174

State Long-Term Care Ombudsman  
1-866-485-9393

**State of Michigan Website**  
[www.michigan.gov](http://www.michigan.gov)

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# Michigan Office of Services to the Aging

*The focal point of Michigan's  
statewide aging network,  
providing leadership,  
innovation, advocacy, and  
supportive services on behalf  
of Michigan older adults and  
caregivers.*

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### **The Michigan Office of Services to the Aging (OSA)**

advocates on behalf of adults age 60 and over and caregivers for policies, programs, and services. The office administers federal and state funds and manages grants for aging services. Oversight is conducted to ensure quality programs and services. OSA also engages in research and planning.

### **The Commission on Services to the Aging (CSA)**

advises the Governor, Legislature and OSA on matters relating to policies and programs for older adults in Michigan. They also approve funds for services administered under the Older Americans Act and the Older Michiganians Act. The Governor appoints the 15 bipartisan members.

### **The State Advisory Council on Aging (SAC)**

appointed by the CSA, studies aging issues and recommends policy to the Commission. The SAC has 40 members. Applications for membership are accepted on an annual basis. Contact OSA for an application.

## **OSA Funded Programs**

### **Care Management**

Provides a comprehensive assessment, development of a service plan, periodic reassessment, and ongoing coordination and management of in-home and other supportive services to individuals age 60 and over who have

complex medical issues and are at risk or in need of long-term care.

### **Caregiver Services—National Family Caregiver Support Program**

provides adult day care and respite services to individuals 18 years of age and older and their caregivers.

### **Community-Based Services**

such as health promotion and transportation are available based on local needs. These services provide a venue for seniors to stay active and involved in local communities.

**Elder Abuse Prevention** services include training, public education & awareness, and referrals to adult protective services, law enforcement and/or local service providers.

**In-Home Services** assists seniors to live independently in the setting of their choice. Services may include chore service, homemaker, and personal care.

### **Legal Assistance Program**

provides advice and counsel, direct representation and legal education services.

### **Medicare/Medicaid**

**Assistance Program (MMAAP)** is a statewide health insurance education and counseling program that responds to the concerns of seniors regarding Medicare, Medicaid, and other insurance or benefit issues.

**Nutrition — The Congregate Meals Program** provides nutritious meals in group settings. The program includes nutrition education services for older adults. The **Home-Delivered Meals Program** provides nutritious home-delivered meals to homebound seniors.

### **Senior Community Services Employment Program (SCSEP)**

provides part-time opportunities in community service activities for unemployed low-income older persons aged 55 and older with a goal of transitioning to unsubsidized employment. SCSEP training assignments are made to local non-profit agencies serving the general community.

### **Volunteer Programs -**

- *RSVP* volunteers are age 55 and older and serve in all areas of local communities - schools, hospitals, senior centers, self-help and other programs.
- *Foster Grandparent Program (FGP)* and *Senior Companion Program (SCP)* volunteers provide service through one-to-one assignments with young people and seniors in need of personal attention and special help. Volunteers serve 20 hours a week, must meet income guidelines, and receive a modest stipend.
- The programs are not available statewide.